

Children's friendships

Ins & outs. Highs & lows.

They're complex!



LEARN TO SUPPORT CHILDREN ALONG THEIR CHILDHOOD FRIENDSHIP JOURNEYS

Why focus on friendships?

Children's friendships - vital templates that inform all the relationships that follow in life. Connection, empathy, likes and dislikes—these are all the rich learnings of childhood friendships. Being a good friend and having at least one good friend helps children's brains to grow positive pathways that enhance their emotional intelligence, self-regulation, resilience and wellbeing.

But not all friendships are healthy. Some are continually conflicted, manipulative or hurtful and every child needs the skills to recognise these relationships and to be able to manage them early and effectively.

Practical Guidance for Parents

A truly successful Parent Workshop explores the 'what's' and also includes the 'what to do abouts' and that's what this Workshop offers. Practical, immediately applicable solutions to the common occurrences in children's friendships.

The Friendships Workshop is a captivating and highly practical exploration of the complex world of children's friendships - a must for every parent.

This Workshop Includes:

- Understanding the friendship relationship zones
- How to make and keep friends
- How to identify and manage unhealthy friendships
- Tackling Drama Triangles
- What to do about friendship bullying

You Are Invited!

What: Parent Information Evening

Who: Parents, Carers and Grandparents of Riverton Primary Campus and Shelley Primary School

When: Tuesday, 25th June 2019

Time: 6 to 7:30pm

Where: Staffroom, Riverton Primary Campus

Cost: Free! Brought to you using funds raised from the Gilbert's Support Our Schools Program and your P&Cs

RSVP: Email your name to natalie.smith@education.wa.edu.au by Friday 21st June 2019

Presented by Claire Orange

Sci Sp & Hearing (Hons), Prof. Counsellor, Accred. Resilience Trainer

Claire is the mum of 4 boys, a therapist, an author, media spokesperson, speaker and a passionate advocate for better outcomes for children everywhere. From writing social and emotional wellbeing resources for children, their families, schools and therapists through to speaking nationally and internationally on children's social and emotional well-being, Claire is dedicated to raising the bar in children's preventative mental health.

