

Riverton Primary School Western Australia

Riverton Review

Principals: Paul Grundy and Vicki Sturgeon 255 Corinthian Road, RIVERTON WA 6148

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7 May 2019



Tuesday 7 May

- Newsletter
- Dance Program
- Swimming Room 20 and ESC
- Mural Opening 5.00pm-6.30pm

Wednesday 8 May

- Sport Captains meeting 8.15am Library
- Swimming Room 20 and ESC

Thursday 9 May

• Swimming Room 20 and ESC

Friday 10 May

Swimming Room 20 and ESC

Monday 13 May

- Dance Program
- BUZ Rangers 10.30am Senior Wet area
- Student Leaders meeting 12.30pm Library

Tuesday 14 May

- Dance Program
- NAPLAN Year 3 Writing
- P&C Meeting 7.00pm Staffroom

Wednesday 15 May

- Sport Captains meeting 8.15am Library
- NAPLAN Year 5 Writing

Thursday 16 May

NAPLAN Year 5 Reading

Friday 17 May

- Junior Assembly
- NAPLAN Year 3 Reading

Monday 20 May

- Dance Program
- BUZ Rangers 10.30am Senior Wet area
- Student Leaders meeting 12.30pm Library
- NAPLAN Year 5 Language Conversion

From the Principals

This term has begun well, with the students from PP to Year 5 starting their Dance Program across the term, and the students from Room 20 and the Education Support Centre starting their interm swimming program. Our Year 3 and 5 students will begin the National Assessment Program for Literacy and Numeracy (NAPLAN) next week. Almost all tests will be completed on line by the students. Our classes have started smoothly with the students settling into the routine quickly and enthusiastically.

Thank you to those parents who were able to join us for our ANZAC Day service held last Friday morning at school. The special event, held to recognize and remember all those who have served our nation, was conducted by the year 5 students and was really well done. The students can be proud of their efforts. We were lucky enough to have several representatives of the Riverton RSL attend the service and we thank them for coming along. Thank you also to Mrs West and Mrs Klass for their efforts in preparing and working with the students who ran the event.

Parents are reminded that we will be officially opening the newly completed mural in the Covered Assembly area this evening, staring at 5.00pm. We will have our Education Support students dancing, our choir singing and some Japanese drumming as well! Our curriculum leaders will be there as will our Board members and P&C committee. Refreshments will be available as we celebrate our campus and the new mural. All are welcome.

This year the school celebrates its 70th year. The school community will be holding a special day to mark the anniversary on Saturday 15 June, starting at 9.00am, and finishing at 2.00pm. Special displays will be on show with photos and other memorabilia for visitors to see. A program of activities will be available shortly. Please keep abreast of developments by watching the website and the Facebook page. If you have any information or memorabilia Jawasekara to offer. feel free to contact Pali via email palith1216@gmail.com and get more details.

ENROLMENTS FOR KINDY 2020

Enrolments are now open for Kindergarten 2020 for children born between 1 July 2015 and 30 June 2016. Enrolments close on the 26 July 2019.

Please refer to our website at https://rivertonprimary.wa.edu.au/ to download an Application for Enrolment form and documentation required when submitting your application.

If you have any gueries please do not hesitate to contact the office on 9457 2644.





* Tuesday 7th may 2019 * 5:00Pm - 6:30Pm

DRUMMING - DANCING SCHOOL CHOIR - SAUSAGE SIZZLE

Meet the P&C and School Board

* come celebrate *

Last Thursday of Term one saw the mighty Riverton Girls Soccer Team finish equal first (Fourth on goal difference) at the regional soccer

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carnival. Their attitude and love for representing the school made it an absolute pleasure to coach. Congratulations to Saehi of Room 22, who was our highest poling player in the Regional Most Valuable Player.



Term two is once again a busy term with:

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- Cross Country Training (Optional on a Wednesday morning before school - from the 29 May)
- League Tag (19 June)
- Eagles Cup Girls and boys soccer, Mixed AFL, Netball A and B teams (21 June)
- Winter Carnival at Shelley Reserve (2 July)

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More specific information to come as the term goes on. Please feel free to email me at Kane.tomasevich@education.wa.edu.au if you have any queries/questions or available to help at any of these events. You do not need to be experts in sports to contribute, the children just love the support given and know they would appreciate your attendance if possible even if it is only for a short time.

Kane Tomasevich PE Specialist

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Congratulations to Huxley (Room 20) ★ who during the holidays came third overall in 2 major tournaments in the Skateboarding WA event. Huxley is passionate skater and is great to see the reward for effort. Well done, Hux!





Wishing all our wonderful mums, grandmothers and aunties a very happy Mother's Day. We hope you have a great day as you are surrounded by family and friends.







A huge thank you to the parents that helped to apply the anti graffiti paint onto our mural. Also to Bunnings Willetton who donated the paint.

Hope to see you all at the mural opening tonight starting at 5.00pm.









Riverton Primary School





WHEN: Tuesdays (starting 21st May for a 3-week trial)

TIME: 9:00 to 10:30 am

WHERE: Riverton Primary School - Kindy Room

BRING: A hat, water bottle & a piece of fruit to share

At playgroup you can have fun playing with your child, meet other parents and familiarise your child with the school environment ready for future school years.

Playgroup at Riverton Primary School will be for children aged 0-3 to attend with a parent/caregiver.

For more information and to register your interest contact Lea-anne Frossos (Deputy Principal): 9457 2644





COPING WITH TRAGEDY

You would all be aware of the tragedy in Sri Lanka over Easter therefore the following tips may help parents support their children to cope with the news.

- 1. Try to limit what your children see and hear.
- 2. Be careful of your own reactions in front of your children.
- 3. Answer their questions.
- 4. Spend time together
- 5. Watch for signs of distress.

A booklet for parents and caregivers from The Red Cross called 'Helping children and young people cope with crisis' has been uploaded to our website. This booklet could be used to help support your conversation with children and young people. An information flyer has also been included with information to help with understanding reactions to a crisis as many people do have a stress reaction to such a serious event.

Karen Nelson School Psychologist INFORMATION SHEET

Looking after yourself after a crisis

Being involved, or witnessing, crisis events like natural disasters, criminal acts, accidents or terror attacks can be very distressing. It is normal to feel upset, anxious and distressed. It can take time to resolve these feelings.

Normal reactions include:

- Finding it hard to think, concentrate and remember details
- Restlessness, unable to relax
- Problems sleeping
- Muscle tension
- · Headaches, nausea
- · Feel angry, upset, sad, moody

Tips for looking after yourself:

- Minimise exposure to media coverage for you and your children
- Talk to people you trust about the event and your reactions
- Take extra care of yourself
- Acknowledge you have been through a highly stressful event
- Allow time for memories, dreams, or flashback to fade

How you can help others:

- · Spend time with friends and family
- Offer support and listen
- Help with practical tasks and chores
- Give people the time, space and patience they need
- Don't try to talk people out of their reactions

For more information or support:

Australian Red Cross: www.redcross.org.au/self-care www.redcross.org.au/aftertheemergency

Lifeline: 13 11 14

Kids Help Line: 1800 551 800 Beyondblue: 1300 224 636

redcross.org.au





From the School Nurse.....



HAND HYGIENE

Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

- Use clean water and soap, making sure they cover their hands and wrists.
- Dry their hands with something clean (like a paper towel)
- Alcohol based sanitisers are useful when soap and water is not available.

Good hand hygiene will reduce the risk of your family catching a cold or flu, especially in winter, as they are everywhere. Colds and flu are spread by contact with others and surfaces they have touched.

If your child has a cold or flu it is important to:

- Ensure good hand hygiene is completed
- Let them rest, doesn't always have to be in bed
- Keep them home from school
- Provide extra drinks: If your child doesn't want to drink much, try giving lots of small sips of water, milk, juice or iceblocks to suck for older children.
- Children with the flu paracetamol is recommended if necessary, but no medication containing aspirin.
- Flu vaccines are available prior to winter starting. For more information, contact your GP or local Immunisation Clinic.



Corinthian Park Tennis Coaching

Tennis coaches Nathan and Lobo from Corinthian Park Tennis club will be running School Tennis classes at Riverton Primary this Term.

To book in please email Nathan at nntennis@hotmail.com or call on 0426166131

Lessons will commence week 3 of Term 2. All lessons are on sight at Riverton PS. (If it's raining then the class will be run in the under cover area)

Days:

- Fridays: 7:45am-8:30am 7 weeks. This class is for Years 2-6. Cost is \$70.00 for the 7 weeks. This is a great way to exercise and play tennis before school. First class will commence the 17 May (week 3) and will finish Friday the 28 June.
- Mondays: 7:45am-8:30am 5 weeks. This class is for Pre Primary Years 1-Pre Primary. Cost is \$50.00 for the 5 weeks. This is a great way to exercise and play tennis before School. First class will commence the 13 May (week 3) and finish the 17 June. (Please note that there will be no class on the 3rd of June)

All sessions will be run by Head Coaches Nathan and Lobo!!

To Register for one of the above classes please email **nntennis@hotmail.com** or call **0426166131**. We also offer after school Tennis programs at the Corinthian Park Tennis club for all ages and abilities.

PAYMENT

Payment must be made in cash on the first lesson in an envelope with your child's name on it.

This is the only way money will be accepted.

There will be no change so please make sure you have the correct amount.



